

Nucala patient information

This guide is for people who are prescribed Nucala (also known as mepolizumab) for chronic rhinosinusitis with nasal polyps.

Nucala is a medication for adults 18 years of age and over who have a certain type of rhinosinusitis - **chronic rhinosinusitis with nasal polyps (CRSwNP)** - where there are too many eosinophils (a type of white blood cell) in the blood, nose and sinuses.

Symptoms of CRSwNP can include a blocked nose, nasal congestion, loss of smell, and soft jelly-like growths that form inside the nose, called nasal polyps.

Nucala is intended to treat CRSwNP by potentially helping to: reduce the size of your polyps; reduce your nasal congestion; and reduce the likelihood of further nasal polyps surgery. Nucala may also be used to help reduce the need for oral corticosteroids to control your symptoms.

Your specialist has weighed any risks of you using Nucala against the benefits they expect it will have for you. The decision to prescribe you Nucala was based on an assessment of:

- **The types of medications you currently take**
- **The severity of your nasal polyps and symptoms**
- **The history of nasal polyps surgery you have had**
- **The result of a blood test (specifically, the level of eosinophils in your blood)**

Nucala is part of a wider treatment plan put together by your specialist.

Each patient's plan is unique. The goal is to help you better manage and control your symptoms of CRSwNP, so that you can enjoy a better quality of life.