

Frequently asked questions *about Nucala*

If you have a question or concern about any aspect of your treatment, your specialist, nurse or pharmacist is always the best person to ask. However, you may also find some useful answers in the content below:

Q. I've been prescribed Nucala. How often should I use it?

You need to use Nucala **every 4 weeks** as prescribed by your specialist, even if you're feeling better. Nucala is taken in addition to your other asthma medications.

Q. How (and when) will I know if Nucala is working for me?

Nucala is a treatment to reduce the number of asthma flare ups. Since these don't normally happen on a daily basis, it might take a while to know if the medication is working. Discuss your progress with your specialist at regular intervals, as they are best placed to monitor your condition.

Q. When should I stop treatment with Nucala?

Only stop your treatment with Nucala when your specialist advises you to. If Nucala is working, you are less likely to have an asthma flare up. Interrupting or stopping the treatment with Nucala may cause your asthma symptoms and flare ups to come back or occur more frequently. So you should continue your treatment with Nucala until your specialist tells you otherwise.



Q. Is Nucala safe for pregnant women, or those planning to get pregnant?

People who are pregnant, breastfeeding or planning to get pregnant should discuss this with their specialist before starting on Nucala. Your specialist will consider the benefit to you and the risk to you or your baby of using Nucala while you are pregnant. It is also not known whether the ingredients of Nucala can pass into breast milk.

Q. Is the injection painful?

It might hurt a little. Letting the Nucala pre-filled pen come to room temperature for 30 minutes before your injection should help minimise discomfort.

Q. Should I change my injection site every month?

You can inject Nucala into your thigh or abdomen, or ask your carer or healthcare professional to inject Nucala into your upper arm. Do not inject where your skin is bruised, tender, red or hard.

Q. Why do I need to inject within 5 minutes of removing the clear needle cap?

This prevents the medicine from drying in the needle, which could affect how much medicine you get.

Q. What happens if I lift the pen before the second click, the stopper has stopped moving, or the inspection window is not filled with the yellow indicator?

If this happens, you may not have received your full dose. For more information, please contact your healthcare professional.
