

# *How do I use Nucala?*

Nucala is a solution for injection in a pre-filled pen (auto-injector) which can be given by you, your caregiver, or a doctor/nurse.

Unlike corticosteroid medications which are often taken intranasally or orally, Nucala is given by injection under the skin (subcutaneous injection).

When you pick up your prescription, you will be asked to keep your Nucala in its original carton/pack, and protected from light. Nucala should be refrigerated (stored at 2-8°C). Unopened cartons can also be stored at room temperature (up to 30°C) for up to 7 days (again, protected from light). Nucala must be administered within 8 hours once the pack is opened. If not administered within 8 hours, please discard.

A few important things to remember: do not freeze or shake your Nucala, and keep it away from heat. To use your Nucala at home, please follow the instructions provided in the carton with your medicine. Detailed instructions on preparing your Nucala and injection site, as well as instructions for self-injecting, can also be found in the 'Instructions for use' contained in the carton with your medicine.



**For more information on the NUYOU program and to view a step-by-step instructions video on how to self-administer Nucala, please visit [www.nuyousupport.com.au](http://www.nuyousupport.com.au) or scan the QR code.**