

Nucala

patient information

This guide is for people who are prescribed Nucala (also known as mepolizumab) for severe eosinophilic asthma.

Nucala is a medication for people over 12 years of age who have a certain type of asthma - **severe eosinophilic asthma** - where there are too many eosinophils (a type of white blood cell) in the blood, lungs, and tissues, which can cause your asthma to get worse.

Nucala is intended to treat asthma by reducing the frequency of asthma flare ups in patients who are already receiving asthma medicines. Nucala may also be used to help reduce the daily dose of oral corticosteroids in patients taking these medicines to control asthma symptoms and flare ups.

Your specialist has weighed any risks of you using Nucala against the benefits they expect it will have for you. The decision to prescribe you Nucala was based on an assessment of:

- **The types of medications you currently take**
- **The number of times you have had a severe asthma flare up**
- **The result of a blood test (specifically, the level of eosinophils in your blood)**

Nucala is part of a wider treatment plan put together by your specialist.

Each patient's plan is unique. The goal is to help you better manage and control your asthma symptoms, and reduce your asthma flare ups, so that you can enjoy a better quality of life.

